UAMS East
Shepherd Internship Description

**Purpose of the Organization**
To increase access to health care by recruiting and retaining health care professionals and to provide health care to the whole family through community base health care and education in a seven county area of the Arkansas Delta.

**Job Title/Position**
Health Education Internship

**Expectations/Responsibilities of the position**
The intern would be responsible, with assistance from the Director of Outreach, as well as other outreach staff members, for developing, implementing, and presenting health education programs to the public as requested. Health education programs are held in local churches, community based organizations, and local schools. The educator would also help with the recruitment of youth through various summer healthcare recruitment programs. The educator would also have the opportunity to assist our staff with health coaching appointments as well as shadow in our community diabetes program. The educator will be responsible for:

- Facilitation of M*A*S*H (Medical Application of Science for Health), CHAMPS (Community Health Action in Medical Public Service), Funology and Destine to Be Doctors programs with assistance and guidance by UAMS East Recruiter
- Coordination of health education programs for youth and adults including programs on nutrition, high blood pressure, exercise, cholesterol, etc.
- Distribution of health related materials and information to community groups
- Working in and among the new Vasueduvan Wellness Center with various UAMS East staff
- Conduct a healthy lifestyle coaching session with guidance and support from UAMS East health education staff
- Participation in various community outreach events including health fairs and enrichment programs
- Facilitation of a Cooking Matters for kids program
- Work with various local community based organization to offer health educational programs that meet the goals of the program. Example: Boys and Girls Club of Phillips County

**Qualifications:**
The intern should have an interest in community based health education and wellness. The intern will assist with customer services, planning, implementing and evaluation of health education programs as well as marketing and public relations. They should have effective computer skills.

**Working Conditions**
The intern will be required to work a 40 hour work week and should be flexible as many times our outreach staff has to work nights and weekends. Flex scheduling would be used in this instance. Some traveling might be required but mileage reimbursement will be provided or company vehicle may be driven.

**On-Site Supervisor**
Stephanie Loveless, MPH, Associate Director-UAMS East  —cargilestephaniea@uams.edu
Janet Ligon, BS, Recruiter-UAMS East

**Supervision Plan**
The intern will meet as needed with supervisor and staff for planning and coordination. The intern will also attend staff meetings and programs along with other UAMS East staff when advised.

*Updated: November 21, 2014*